Attention Members Facility Holiday Hours:

Tuesday, December 24th - Christmas Eve

AM Classes ONLY - Last Class at 9:15 am

CHRISTMAS DAY - CLOSED

Thursday, December 26th 8:00 am - Light & Limber 9:15 am - TBF 12:00 pm - Beginning Yoga

Friday, December 27th Regular Class Schedule

Tuesday, December 31st - New Years Eve AM Classes ONLY - Last Class at 9:15 am

Wednesday, January 1st - NEW YEARS DAY 9:00 am - Pump it up intervals w/ Marlene 10:15 am - Pilates w/ Marlene

> January 2nd - 5th Regular Class Schedule

Merry Christmas and Happy New Year!

