



September Snack



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1. Chips and Salsa with Sour Cream
4. CLOSED HAPPY LABOR DAY!	5. Bell Peppers with Cream Cheese	6. Jell-O Cups with Cool whip	7. Cheese-its and Fruit	8. Turkey and Cheese Roll-ups
11. Veggie Straws and Fruit	12. Orange Slices and Crackers	13. Chex Mix and Fruit Cups	14. Apples with Cinnamon Sugar	15. Chips and Salsa with Sour Cream
18. Cookies and Milk	19. Bell Peppers with Cream Cheese	20. Jell-O Cups with Cool Whip	21. Cheese-its and Apple Slices	22. Trail Mix and Apple Juice
25. Veggie Straws and Fruit	26. Orange Slices and Crackers	27. Chex Mix and Fruit Cups	28. Apples with Cinnamon Sugar	29. Turkey and Cheese Roll-ups
1% Milk or Water is served with every snack				

