



**Ingredients:** 1 ½ cups cubed pineapple, 1 cup diced mango, ½ - ¾ cup coconut milk, 2 ½ cups strawberries, ¼ cup orange juice and 1 tbsp. honey.

Instructions: To make the pineapple layer place the pineapple, mango and coconut milk in blender. Add additional coconut milk as needed. Transfer pineapple coconut mix to a small pitcher. To make the strawberry swirl place the remaining ingredients in blender and puree. Alternate scoops of each mixture into popsicle molds. Insert stick and freeze until completely solid.

## **FRIENDLY REMINDER:**

Our Summer Camp begins on the 15<sup>th</sup> of this month. Please make sure to slow down when inside the Caughlin Ranch Community as the children will be taking walking field trips in the area.

## **Rainbow Paper Flowers**

**Materials:** Construction Paper, Glue Stick, Something to trace. (cup, bowl, stencil, or circle punch)

## Tools: Scissors, Pen or marker

1.Trace and cut out 6 circles from your construction paper. One circle for each color of the rainbow. (red, orange, yellow, green, blue, and purple).

2. Take and fold each circle in half and crease well. They will look like little tacos. Place some glue on one side of your folded circle (aka taco). Then place the half circle onto a piece of paper.

3.Next, take the opposite color, from the color wheel, and place it across from your first pedal. Be sure that the open sides of your half circles are pointing away from each other. So red across from green, blue across from orange, and yellow across from purple. This will help you space out your pedals. 4.Fill in with the rest of the colors in 'rainbow order'. Red, orange, yellow, green, blue, purple, and you're done! 5.You can add a stem with a green marker to add a fun touch. Try making these paper flowers in all different sizes!





During camp make sure your child has the following EVERYDAY!!

- Swimsuit and towel
  - Tennis Shoes
- Water bottle
- **PLEASE LABLE EVERYTHING!**